

# SPA Quinta das Quintãs

## ACCESS TO THE THERMAL CIRCUIT

Massage jets & Jacuzzi  
Individual Locker

Price: 5 € / day / person

## MASSAGES

**Relaxation with essential oils** - Relaxation massage with curative purposes that relieve muscular tension reduces fatigue and increases blood circulation which helps to clean the lymphatic system. Price: 55 € (60 min)

**Karité Butter Candle + Facial Shiatsu**  
Relaxing massage based on aromatherapy that uses essential oils from aromatic plants, leaving the skin moisturized and fragrant. Price: 62,50 € (70 min)

**Local Therapy** - Therapeutic massage that gathers several techniques such as Shiatsu and Thai that contributes to a deep relaxation and muscular relieve at the same time that increases blood circulation. Price: 45 € (40 min)

**Local** - This is a Local massage that works the area of the back, helping to relieve chronic tension of the neck and shoulder. Price: 32,50 € (25 min)

**Geothermal/local** - Therapeutic massage that uses the healing power of the hot stones and favors muscular relaxation, increases blood circulation and eliminates stress. Price: 65 € (60 min) / 35 € (35 min)

**Hawaiian with coconut oil** - An invigorating and dynamic massage that uses lomi lomi techniques with long, strong movements that help to restore harmony and the body's vital energy. Price: 42,50 € (40 min)

## FACE TREATMENTS

### **Anti-Age (60 min)**

Anti wrinkle treatment where the skin is prepared with an enriched peeling. Then it is applied a firming mask finishing with a moisturizing massage. Price: 75 € (60 min)

### **Re-balancing (60 min)**

It is ideal for oily and combined skin. This treatment helps to control the oiliness of the skin with the cleansing of the pores. Exfoliation, mask and moisturizing.

### **Intense hydration (60 min)**

Ideal for dry and dehydrated Skin. It improves the appearance of the skin leaving it nourished, healthier and soft. Exfoliation, mask and moisturizing. PVP: 62,50 € (60 min)

PVP: 62,50 € (60 min)

## OTHERS

Manicure with Ritual  
Price: 12,50 € (30 min)

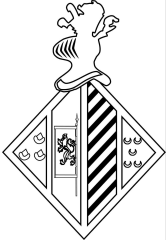
Painting  
Price: 7,50 € (15 min)

Pedicure with Ritual  
Price: 25 € (50 min)

## Reservations with minimum 24 h advance

Tlf.: +351254882269 - Tlm.: +351933203264 ou +351938408054

[www.quintadasquintas.com](http://www.quintadasquintas.com) | [mail@quintadasquintas.com](mailto:mail@quintadasquintas.com)



# SPA Quinta das Quintãs

## SPA Rules

1. The direction of Quinta das Quintãs reserves the right to prohibit access, without any notice, to some areas of the SPA for reasons of maintenance, cleaning, social events, maintaining the decorum or other reasons, being the unavailability minimized to the time required.
2. Access to the SPA is conditioned by the signing of a liability on the part of the customer and to the fill of a form about the physical condition, in order to verify the non-existence of contraindications for the SPA service to be provided.

### INFORMATION PROVIDED

3. All information provided by the customer regarding the physical condition is entirely confidential and will be treated with the maximum discretion.
4. It is the responsibility of the customer, the truthfulness and correctness of the information provided regarding the physical condition.

### USAGE RULES

5. It is not allowed the use of mobile phones at the premises of the SPA, including the SPA Therapists.
6. Filming or photographing is not allowed on the premises of the SPA.
7. It is not allowed smoking, eating or consuming alcohol on the premises of the SPA, with the exception of what is offered by service therapists under specific SPA rituals. Alcoholic beverages should not be consumed either during or immediately after a spa treatment.
8. It is mandatory to use the shower before entering the Jets pool and Jacuzzi.
9. The Jacuzzi has beneficial effects, although it should be used with moderation. A time of proper usage varies depending on the intended purpose. If you want to for example heat and relax the muscles, it is a time of 10 minutes inside the Jacuzzi. Never should, however, exceed its use by more than 15 consecutive minutes. It is prohibited the use of the Jacuzzi by minors of 16 years.
10. It is not allowed to run, jump, dive or using floats or pool balls in the Jets pool and Jacuzzi.
11. We recommend the use of a low tone of voice when using the facilities of SPA, in order not to hinder the relaxation of the remaining customers.
12. We request that customers do not use personal props, such as watches, bracelets, earrings, rings and necklaces in the premises of the SPA.
13. Quinta das Quintãs is not responsible, civil and criminally liable for damages suffered by customer as a result of incorrect use of the existing spaces in our facilities.

### DRESS CODE

14. In the Jets pool and Jacuzzi SPA, customers must use appropriate CAP and slippers, as well as: a. Men: swimwear b. Ladies: Bikini or swimsuit.

### RESPONSABILITY

15. Please save your belongings and personal objects in individual lockers and make sure always be accompanied by the corresponding key.
16. Quinta das Quintãs does not accept responsibility for any damage, theft or loss of personal objects used or stored in the lockers of the SPA.
17. The Direction of Quinta das Quintãs reserves the right to stop and refuse to continue the SPA service hired, in cases of sexual harassment, verbal or nonverbal, charging the full value of the service initially hired. In these situations, the therapist should immediately abandon treatment room and report the situation to direction.

### CHANGE OF CONDITIONS

18. A Quinta das Quintãs reserves the right to change rules and fares without prior notice, pledging to advertise changes to available support resources.

### RESERVATIONS POLICY

19. The SPA services should always be marked with a minimum prior notice of 24 hours before the hour of the beginning of the treatment.
20. It is advisable that the customer arrives at least 15 minutes on the scheduled time for the treatment, in order to make the preparation for it. If the delay is unavoidable, please inform us asap. The delay will limit the duration of treatment, thus reducing the satisfaction and the full benefit of the same.

### CANCELLATION POLICY

21. If it is not possible for the customer to perform the treatment, please contact us with a minimum of 24h in advance. When the warning is done with 24h in advance will not be charged the amount of treatment, with less than 24h will be applied a cost of 50% of the value of the treatment, and with less than 12h will be applied the total cost of the value of the treatment.

### OTHER RECOMMENDATIONS

22. We recommend drinking lots of water or tea, with the aim of avoiding dehydration. To this end, Quinta das Quintãs provides at the entrance to the SPA these liquids.
23. For your comfort, the Quinta das Quintãs provides towels, for your use. When necessary, request additional towels, please.
24. This establishment has book of complaints.

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